

Shawn
TASSONE MD
PhD

ONE mind. **ONE** body. **ONE** medicine.

INTEGRATIVE GYNECOLOGIST. HORMONE EXPERT. SPEAKER. PATIENT ADVOCATE



INTRODUCTION

Shawn Tassone, MD PhD is a double boarded physician in Obstetrics and Gynecology and Integrative Medicine. He is a practicing OBGYN, author, speaker, and patient advocate.

He is an author and publisher of books written extensively on topics of spirituality in medical care and he is an advocate for whole foods to heal the human body.

His books are titled: ***Spiritual Pregnancy: Develop, Nurture & Embrace the Journey to Motherhood*** and ***Hands Off My Belly! The Pregnant Women's Guide to Surviving, Myths, Mothers, and Moods.***

He is a faculty member at University of Arizona and University of Oklahoma Health Sciences Center teaching residents and medical students. He is an instructor in Integrative Medicine at Arizona State University.

MISSION

Dr. Tassone believes it is time for women to understand fatigue, weight gain, insomnia, irregular periods, fibroids, decreased libido, and burnout are not permanent situations.

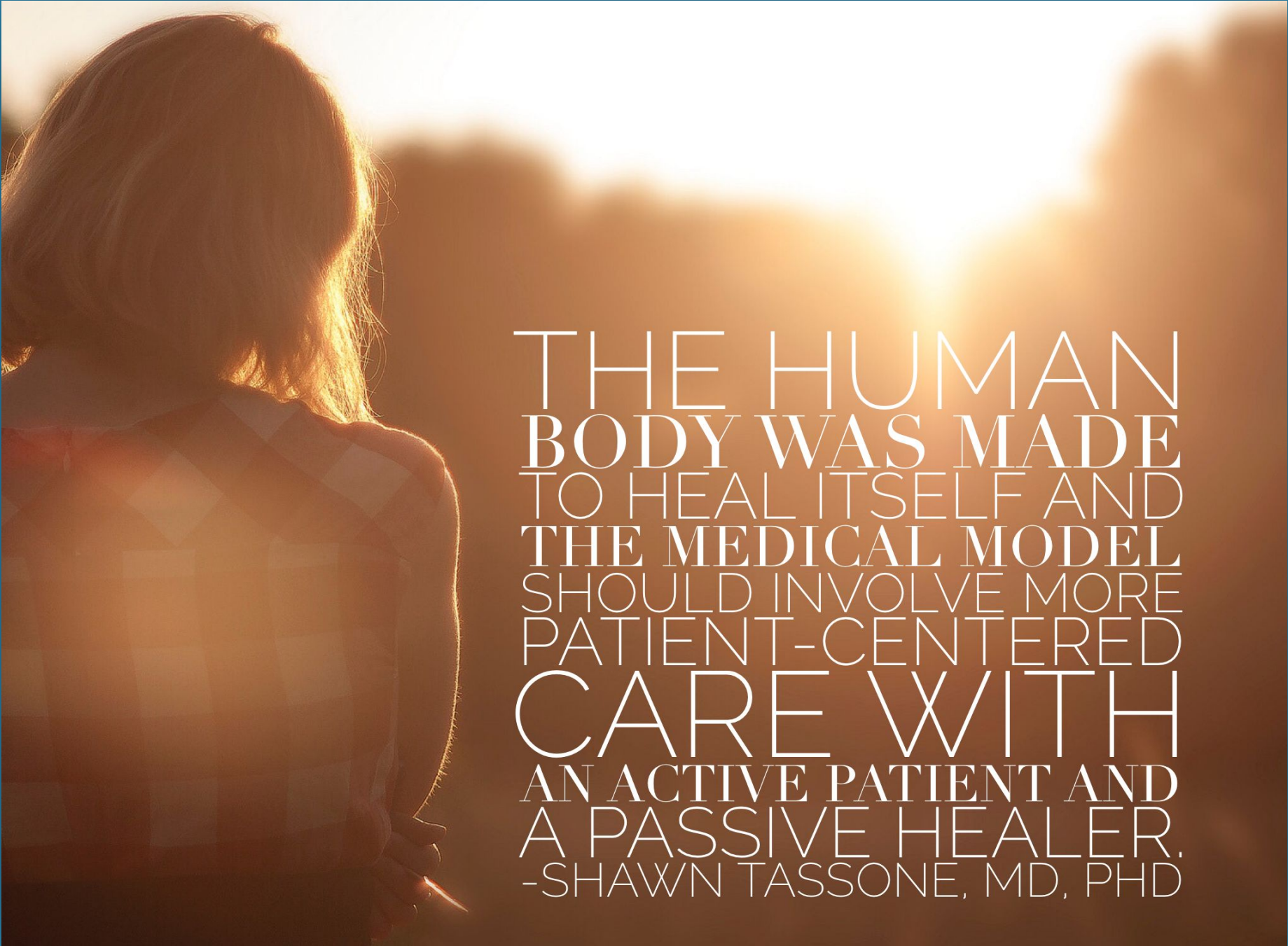
He is determined to remove the myths.

You're not broken, you're not simply getting older, and you're not dealing with something permanent.

Empowerment is taking healthcare into your own hands for you and your family. Take back your health, take back your life, and feel the way you always wanted by taking the only hormone quiz in the world that has been distilled from the lives of over 40,000 women.



“It’s time to feel better than normal”



THE HUMAN
BODY WAS MADE
TO HEAL ITSELF AND
THE MEDICAL MODEL
SHOULD INVOLVE MORE
PATIENT-CENTERED
CARE WITH
AN ACTIVE PATIENT AND
A PASSIVE HEALER.
-SHAWN TASSONE, MD, PHD

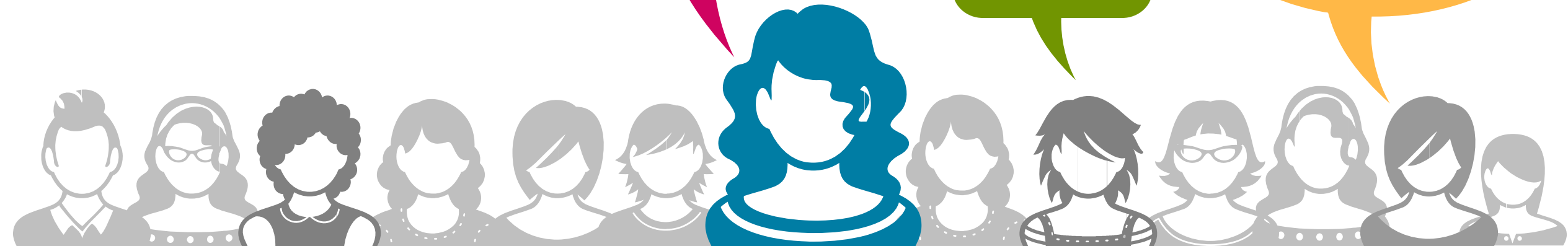
The Key to Your Audience - Q + A with Dr. T

No two women have identical needs, but they have many in common. This is why the Q & A with Dr. T is one of the best features of his talks. He engages with the audience and gives them essential medical guidance. Not to mention, his words of wisdom are typically delivered with next steps to ease the mind.

I've been focused for years on keeping my progesterone levels up and trying to stay away from estrogen because of all the negatives for women with the over abundance in everything and now I'm deficient. **What in the world do I healthily do about increasing estrogen without synthetics?!**

How do I get a doctor to check my hormones?

How do I know if I am peri-menopausal?



Speaking Topics



The Real Truth
About Hormones



Working
Women +
Hormone
Imbalance



Confessions of
a Male
Gynecologist



Cortisol +
Thyroid in
Women's
Health



Will
Testosterone
Save Your Life?

Speaking Topics Defined

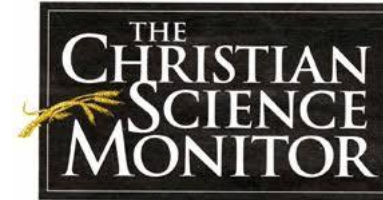
- **The Real Truth About Hormones – Queens, Nuns, Workaholics, and Warriors** – “Why do I feel so awful and yet the doctor told me my hormones are normal”. Normal isn’t always normal. Women know when something is “off” they know when their body is out of balance. In this talk Dr Shawn Tassone explains his “Know Your Hormone Type Quiz” and the 12 Hormonal Archetypes that have come from his time with over 40,000 women and how woman can do simple things to balance their type.
- **Working Women and Hormone Imbalance – The Power of the Warrior and the Drain of the Workaholic** - How can the working woman burning the candle at both ends between home and work manage without balancing their hormones? Simply put, they can’t. Dr Shawn Tassone will talk about the two most common hormone imbalances in women who work and how they can maximize both side of life through understanding the hormone types of The Warrior and The Workaholic
- **Confessions of a Male Gynecologist – Sex, Hormones, and Doing the Dishes** – After listening to the stories of over 40,000 women Dr Shawn Tassone has learned many secrets and how men could learn a few things by listening to the women in their lives. In his humorous tone Dr Tassone will finally share the lessons learned about men, women, life, and the human condition.
- **Will Testosterone Save Your Life or Just Make You a Sweaty, Hairy, Muscular Mess (Women)** - This conversation will focus on androgen’s in women and how indeed testosterone is important for quality of life, bone health, and sex. Dr T will discuss the reasons for replacement, testing, and what to look for as symptoms.
- **Cortisol and Thyroid in Women’s Health - Burning the Candle Without the Blowtorch** - A frank and open discussion about two hormones that don’t receive enough attention in women’s health, cortisol and thyroid. These two hormones can either make or break a life if they are not appropriately taken care of and managed. Learn the lessons of the Overachiever, Underdog, Saboteur, and Workaholic and balance things with spiritual practices, hormonal modulation, infoceuticals, nutrition, exercise, and supplementation (SHINES METHOD)

AS
FEATURED
BY



5 STAR RATING

The
New York
Times



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Healthcare

The leader in healthcare business news, research & data



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DOCUMENTARIES



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Continue the
CONVERSATION



website: www.tassonemd.com
email: hello@tassonemd.com

The *Real* Truth About Hormones

Creator of The World's
First Ever
Integrative Hormonal
Mapping System

If you would like to invite Dr. T
to speak at your event visit:
tassonemd.com

